



Rossington Toredale Infant School

School Food Policy

Reviewed Jan 2015

Responsibilities

We recognise the important connection between a healthy diet and a child's ability to learn effectively and achieve high standards in school. We recognise the role a school can play as part of the larger community, to promote family health and sustainable food and farming practices.

We recognise that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity and an excellent bridge for building friendships and inter-generational bonds.

The education mission is to improve the health of the entire community by teaching children and families ways to establish and maintain life-long healthy and environmentally sustainable eating habits. The mission shall be accomplished through food education and skills (such as cooking and growing food), the food served in schools, and core academic content in the classroom.

Aims

- To ensure the school environment and equipment, kitchens and dining facilities is appropriate
- To monitor the provision of food at school.
- To monitor the consumption of food at school, e.g. eating environment, service style, length of breaks, litter, pupils bringing food to schools, packed lunches (including information to parents)
- To liaise with the school cook relating to food content, nutritional standards & sourcing of ingredients.
- To encourage the uptake of healthier snacks in school and monitor these.
- To ensure staff receive appropriate training and development.
- To make sure Food education is delivered across the curriculum
- To investigate the potential for using the school grounds to grow fruit & vegetables
- To participate in selected national events and initiatives, e.g. National Healthy School Standard, Change for Life
- To liaise with other groups using the school relating to their food policy

- Involve children in decision making for food in school.
- Develop an understanding and ethos within the school of safe, tasty, nutritious, environmentally sustainable food, through both education and example.
- Create an environment, physical and social, conducive to the enjoyment of safe, tasty, nutritious, environmentally sustainable food.
- Help to promote and raise awareness of environmentally sustainable food production methods and socially responsible food marketing practices.

Establish an effective structure to oversee the development, implementation and monitoring of this policy and to encourage a participatory approach to meeting the objectives.

We will involve -

- Governors
- School management
- Teachers and support staff
- Pupils
- Parents
- Food providers
- The school's wider community

To integrate these aims into all aspects of school life, in particular-

- Food provision within the school
- The curriculum
- Pastoral and social activities

T Hughes Headteacher

Reviewed By L Almunshi Jan 2015